

Equal People Equal Health

Learning Disability Strategy for Adults (Health Focus)



3 year plan by
Stoke-on-Trent Primary Care Trust

2007 - 2010

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Part 1.

Planning for Health



 	<h2 data-bbox="619 253 1337 387">A Plan for People with a learning Disability</h2> <p data-bbox="547 450 1358 591">A learning disability happens when a person is born or when they are young and it affects their learning and their life.</p>
	<p data-bbox="547 629 1390 763">People with a learning disability can find it hard to understand new information and learn new skills.</p> <p data-bbox="547 808 1390 898">People with a learning disability need clear information in plain everyday words.</p>
	<p data-bbox="547 936 1310 1128">Some people with a learning disability need support to communicate, to understand information, to join in with people and to be independent.</p> <p data-bbox="547 1173 1390 1263">People with a learning disability may need health and social care support in daily life.</p>
  	<p data-bbox="547 1346 1342 1435">There are some people with autism who may also have a learning disability.</p> <p data-bbox="547 1480 1358 1659">There are some people with autism or Asperger's Syndrome who do not have a learning disability and who do not need support to live their daily lives.</p> <p data-bbox="547 1704 1358 1850">There are some people who have a learning difficulty with some learning but they do not have a learning disability.</p>

	<h1>Equal People Equal Health</h1>
	<p>Government reports say that people with a learning disability have worse health than people without a learning disability.</p>
	<p>People with a learning disability usually get less support with their health, feelings and emotions than people without a learning disability.</p>
	<p>Reports say that people who live in Stoke-on-Trent have worse health than people in other parts of England.</p> <p>This means people with a learning disability in Stoke-on-Trent have much worse health than people living in other parts of England.</p>
	<p>This plan is part of a bigger plan to make sure people with a learning disability in Stoke-on-Trent have equal chances in life.</p>

	<h2>Planning for Health</h2>
	<p>There has been lots of work on equal health for people with a learning disability but we still need to do more.</p>
	<p>Equal People Equal Health is a plan about equal health and mental wellbeing for adults with a learning disability in Stoke-on-Trent.</p>
	<p>Equal People Equal Health fits in well with a bigger plan in Stoke-on-Trent called People as Partners.</p>
	<p>People as Partners is a Stoke-on-Trent City Council and Primary Care Trust plan.</p>



Primary Care Trusts (PCTs)



Primary Care Trusts (PCTs) are part of the National Health Service.

Primary Care Trusts make health plans and spend money on health services.









Primary care Trusts help to make sure people with a learning disability are not discriminated against or treated badly because of their disability.









In the future Primary Care Trusts will focus on health care for people with lots of support needs who don't use words.



Primary care Trusts will focus on health care for people who need help with mental health and wellbeing, their feelings and behaviour around people.

	<h2>Adult Social Care (ASC)</h2>
	<p>Adult Social Care is part of Stoke-on-Trent City Council.</p>
	<p>Adult Social Care used to be called Social Services but the Council changed the way it works a few years ago.</p>
	<p>Adult Social Care in Stoke-on-Trent supports adults with a learning disability.</p>
 	<p>Adult Social Care supports people:</p> <ul style="list-style-type: none"> • with Day Services • with places to live • with short breaks • with person centred support • with daily life

	<h2>People in Stoke-on-Trent</h2>
 	<p>There is not enough information to tell us exactly how many people have a learning disability in Stoke-on-Trent.</p> <p>This can make it hard for Health (PCTs) and Adult Social Care (ASC) to plan for equal health.</p> <p>Services can find some information from reports and research around England.</p>
  	<p>Services can check national reports to guide us on how many people with a learning disability live in our area.</p> <p>There are about 240,000 people living in Stoke-on-Trent.</p> <p>National reports say that about 1 in 50 people living in Stoke-on-Trent have a learning disability (that is about 5,000 people).</p> <p>Reports say that about 3 out of 4 people with a learning disability living in Stoke-on-Trent are aged 19 or older.</p>

	<h2>People in Stoke-on-Trent</h2>
 	<p>Reports say that about 1 in 4 people with a learning disability have support from Adult Social Care and Health Services.</p> <p>Some of this support is specialist health care for people with a learning disability and lots of extra health support needs.</p>
	<p>In the future we think there will be even more adults with a learning disability.</p>
	<p>People in England usually live longer than they used to because of better lifestyles.</p>
	<p>Health services have got better at making sure babies with disabilities and health problems grow into adults.</p> <p>This means more people with a learning disability are living longer lives.</p>

	<h2>Young People and Health</h2>
	<p>Equal People Equal Health is important to young people with a learning disability.</p>
	<p>Young people get specialist support if they need it until they are 18 years old.</p>
 	<p>When young people become adults the support they used to have can stop.</p> <p>Some young people get support from a residential school outside Stoke-on-Trent.</p> <p>Leaving the residential school to move back to Stoke-on-Trent means leaving the support behind too.</p>
	<p>Young people need to know what health support they can have in Stoke-on-Trent when they are adults.</p>

Part 2.

Planning in Partnership



	<h2>Planning in Partnership</h2>
	<p>People with a learning disability may always need some support with their health and with living a good life.</p> <p>This doesn't mean they are ill, just that they may have extra support needs.</p>
	<p>Primary Care Trusts plan health services and health support for people with a learning disability.</p> <p>Primary Care Trusts work with other organisations to help people with a learning disability to get equal treatment.</p>
	<p>Adult Social Care plans other kinds of support for everyday life for people with a learning disability.</p> <p>Adult Social Care works with other organisations to help people with a learning disability to live a good life.</p>
	<p>The Government says Primary Care Trusts and Councils in England need to work together more in future.</p>

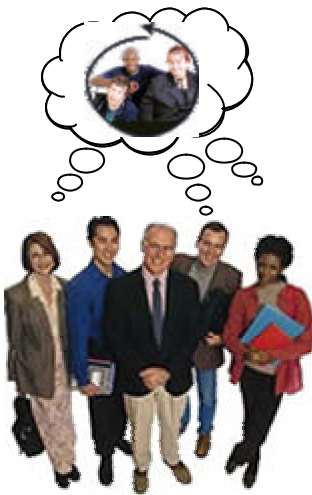


Different kinds of Disability



People have different kinds of disabilities.

Services say people have mild or medium (moderate), or severe (profound) learning and physical disabilities.



The **Commissioners** (people who plan and pay for services) try to think about people who need support the most, usually people with medium or severe disabilities.

But there are some people with mild disabilities who need support too because of their feelings and emotions or their behaviour with people.



Adult Social Care tries to support people with medium or severe disabilities but sometimes people with mild disabilities need support with their lives too.



It can be hard for Primary Care Trusts to work out if people are in danger because of their feelings and behaviour or because of a health problem that affects behaviour.



Support for People



Services need to think about equal people and equal health for everyone.

We need to think about rights, inclusion, independence and choice for everyone.



Some people need support to get the right health services for them.

Some people need an advocate to help them speak up about these services.



Sometimes people need support with their feelings, emotions and with their behaviour around other people.

Some of these people will need to stay in a place where they can be checked on and where they can get lots of support.



Some people with lots of health problems need specialist health services.

Some people with lots of health problems need specialist health services in hospital or at home with support from expert staff.



Working together



The Primary Care Trust (PCT) and Adult Social Care (ASC) in Stoke-on-Trent will work together to check what support people with a learning disability need.

This is called **needs assessments**.



The needs assessments will help the Primary Care Trust and Adult Social Care to plan services and support for people.



The Primary Care Trust and Adult Social Care will work together to help people live a more equal life.



Health and Adult Social Care staff will join together and work in Community Learning Disability Teams with doctors, therapists, nurses and social workers.

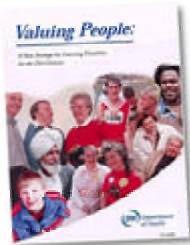
Part 3.

Planning for Change





Person Centred Planning



Government reports like **Valuing People** say that people with a learning disability should have support that suits them.

This is called Person Centred Planning.



Department of Health reports like the **Framework for Health and Wellbeing** say that services should be more personal and should help to maintain people's independence and dignity.



Stoke-on-Trent Learning Disability Partnership Board is working to make Valuing People happen in Stoke-on-Trent by making support and services more modern and up to date.



Adult Social Care in Stoke-on-Trent is working with people with a learning disability on choosing places to live, getting jobs and direct payments.

Adult Social Care is planning support for young people growing into adults.

Adult Social Care is working with the Council to help people with a learning disability to live in the community.



Services in Stoke-on-Trent



For lots of reasons the support from Social Care and from Health Services for people with a learning disability has grown in different ways over time.



Social Care and Health Services have sometimes worked on the same kinds of support like day services and short breaks.



There are lots of people who need support with their health.

In Stoke-on-Trent there are 4 Learning Disability Nurses and 1 Health Facilitator.



There are lots of people who need extra support with their dental health.

There is 1 specialist dental service for people with a learning disability which is in touch with 1000 people.









There are lots of people who need help with their eyesight and hearing.

There are some Specialist Sensory Staff working in Stoke-on-Trent.

	<h2>Time for Change</h2>
	<p>We need to check if there is enough support for people who need it.</p>
	<p>We need to agree on ways of working for the Community Learning Disability Teams so they can work together in April 2009.</p>
	<p>We listened to REACH Members stories about Health in Stoke-on-Trent .</p> <p>There used to be a Learning Disability Nurse at the Hospital but the money ran out so we need to make plans for more Learning Disability nurses.</p>
	<p>We need to work with Doctors to keep up to date registers and offer health checks to people with a learning disability.</p>
	<p>We need to work on training for health services staff to help them to work with people with a learning disability.</p>
	<p>We need to work on making specialist health services safe for people with all kinds of disabilities.</p>

	<h2>Changes in Stoke-on-Trent</h2>
	<p>There are changes going on in health services and specialist health services to make them better for everyone.</p>
	<p>As things change we need to make sure people with a learning disability get the high quality services they might need.</p>
	<p>We will keep working with partners like REACH Parliament to help us listen to people with a learning disability.</p>
	<p>We will make sure there is a team of 3 Health Facilitators to work with health service staff and to support people with a learning disability.</p>
	<p>We will work with GPs to help check up on their registers and make sure people have their Health Action Plans.</p>
	<p>A Community Team is a team of people like Doctors, Health Workers and Social Workers who all work together.</p> <p>We will work out a plan for a Community Team in Stoke-on-Trent.</p>

	<h2>10 ways to help make specialist services safe</h2>
	<p>The Government found out that some people were being treated very badly in some Health Services in England.</p> <p>The Government gave out guidelines for all Specialist Health Services in England.</p>
	<p>1. Specialist health services should work with other health services and focus on people with the most support needs.</p>
	<p>2. Specialist health services should be safe, person centred and learn from what works and what doesn't work in services.</p>
	<p>3. Specialist health services should be planned so they can be set up close to where people live instead of far away.</p>
	<p>4. People should not stay in hospitals or institutions unless they really need to.</p>
	<p>5. People with a learning disability and their families should be supported to see health specialists as quickly as possible.</p>

	<h2>10 ways to help make specialist services safe</h2>
	<p>6. Specialist health service staff should offer training to other health professionals, people who plan services and families.</p>
	<p>7. Specialist health services should think of people with a learning disability as equal citizens and part of the local community.</p>
	<p>8. Specialist health services should work with partners to close or change services that don't work well.</p> <p>They should open new person centred services.</p>
	<p>9. Specialist health services should make sure people with a learning disability and their carers can speak up.</p> <p>Services should also help people to get an advocate if they need one.</p>
	<p>10. Specialist health services should respect people's rights and respect laws like the Mental Health Act and Disability Discrimination Act.</p>



Moving on from the NHS



At the moment the Primary Care Trust are paying for 24 people in Stoke-on-Trent to live in NHS campus units.



We are helping all 24 of these people to move out into the community by 2010.



At the moment all 24 of these people get lots of support and help from staff.







People will carry on having support from staff when they live in the community.



9 of these 24 people will move into their new homes by April 2009.



The other 15 people will move into their new homes by April 2010.

	<h2>Money Matters</h2>
	<p>Changing the way we plan and deliver services also means changing the way we pay for them.</p>
	<p>At the moment money for health services comes from the Primary Care Trust.</p> <p>At the moment money for other kinds of support for people with a learning disability comes from the City Council.</p>
	<p>We want to change this so that all the money comes from the same place.</p>
	<p>We will put all the money together in one budget and the city council will be in charge of how it is spent.</p>
	<p>We will help people to live in the community by asking Registered Social Landlords (RSL) to provide houses and flats for people with a learning disability.</p>

Contact information

with thanks to Photosymbols

